

## Pro-forma session plan

Name of teaching session:

Trainers:

Participants:

### Objectives of Session

By the end of this session the participants will be able to:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.



### Example of session plan:

Activity / Time	Objectives	Content	Methods / *Materials* / Suggestions	Why this approach?
<b>Monday morning</b>  <b>Activity1 / 30 min</b>	<b>introduce participants</b> to each other Talk about group experiences of radio	Each person works with someone they don't know, talks about experiences of listening to radio and importance of radio in working/social lives  Combine introductory round with reflection on participants' media experience	Intro exercise in pairs- Each person reports back about partner to whole group	Reporting back about other person helps if participants are nervous and also stops dominant group members talking about themselves too much. Introduces specific qualities of community media in contrast to mainstream

- Remember to put in regular breaks and meal times!
- Try to pace and vary activities for trainer and trainees

